

## PHARMACEUTICAL COMBINATIONS AND THEIR USE IN TREATING GASTROINTESTINAL AND ABDOMINAL VISCERA DISORDERS

### BACKGROUND

Pharmaceutical compounds have been employed to act as 5-HT<sub>4</sub> agonists or antagonists and/or 5-HT<sub>3</sub> antagonists in mammals. As serotonin 5-HT<sub>4</sub> agonists, these compounds are gastrointestinal motility agents useful for the treatment of mammalian gastrointestinal (GI) motility disorders such as reflux esophagitis, gastroparesis, non-ulcer dyspepsia, ileus, constipation and irritable or inflammatory bowel syndrome ("IBS"). As serotonin 5-HT<sub>4</sub> antagonists these compounds are useful in the treatment of motility disorders of the GI tract such as diarrhea and diarrhea-predominant irritable bowel syndrome. As serotonin 5-HT<sub>3</sub> antagonists these compounds are useful in the treatment of diarrhea and diarrhea-predominant irritable bowel syndrome. The serotonin 5-HT<sub>4</sub> agonists or antagonists and/or serotonin 5-HT<sub>3</sub> antagonists are also useful in the treatment of emesis, anxiety, visceral pain, substance abuse (either cravings or withdrawal syndrome), cognitive disorders and other CNS disorders wherein treatment with a serotonin 5-HT<sub>4</sub> agonist or antagonist and/or serotonin 5-HT<sub>3</sub> antagonist would be indicated.

Serotonin (5-hydroxytryptamine; 5-HT) functions as a neurotransmitter in the mammalian central nervous system (CNS) and in the periphery. Serotonin is one of the transmitters to be recognized for its physiological importance, and agents which interact with 5-HT receptors are currently the focus of much research. P. Bonate, Clinical Neuropharmacology, Vol. 14(1), pp. 1-16 (1991). Serotonin is unsurpassed among monoamine neurotransmitters in the number of receptor subtypes identified. To date, the number of subtypes is into the teens, including the major classes, i.e.,

5-HT<sub>1</sub>, 5-HT<sub>2</sub>, 5-HT<sub>3</sub>, 5-HT<sub>4</sub>, 5-HT<sub>5</sub>, 5-HT<sub>6</sub>, and 5-HT<sub>7</sub>. Because of the multiplicity of serotonin receptor subtypes, the identification of which serotonin receptor subtype is correlated to various physiological/pharmacological actions is complicated.

Serotonin has been known for some years to modulate peristalsis in the GI tract in various mammalian models. During the mid 1980s, several specific antagonists to the 5-HT<sub>3</sub> receptor subtype were identified from independent laboratories. 5-HT<sub>3</sub> receptor antagonists are currently used as anti-emesis/vomiting agents in cancer therapy. 5-HT<sub>3</sub> antagonists have also recently been studied for the treatment of IBS.

A number of gastrointestinal syndromes are related to the production and actions of serotonin, and they have a fairly common occurrence in a very large number of people in the western world. Some of the more well-known gastrointestinal conditions, syndromes or diseases are IBS, gastro-esophageal reflux disease ("GERD") and dyspepsia.

IBS is a chronic condition associated with abdominal pain, bloating and altered bowel function and is estimated to affect as much as 10-20% of the population. It is associated equally with women and men. The diagnosis is made by exclusion, by ruling out structural and/or biochemical abnormalities. Sometimes the disease is referred to as irritable colon, spastic colon, spastic colitis or mucous colitis. The latter two are almost certainly misnomers, as colitis implies inflammation of the colon, and an absence of inflammation is one of the defining observations in a diagnosis of IBS. IBS is one of the most common diagnoses made in patients referred to gastroenterologists. It represents half of GP referrals to a gastroenterologist, according to data from the Center for Current Research Inc. The cause of IBS is unknown, but a number of factors have been implicated, including diet, lifestyle, depression, anxiety, infection and unrelated inflammatory conditions, including early insult resulting in central sensitization and sensitizing of neurons in the gut. Many physicians believe that there is a psychological element to the disease. Many currently used and potential treatments for IBS have failed to establish a meaningful clinical impact.

Dyspepsia is also an important health problem. Up to 5% of all visits to family

doctors are for this problem. When a doctor is consulted for a problem of dyspepsia, they will usually take a careful history and perform a physical examination. The most common conditions that are associated with patients who present with chronic symptoms of dyspepsia are GERD which occurs in up to 20% of patients, duodenal ulcer or gastric ulcer which occurs in up to 5% of patients and other diagnoses in up to 15% of patients (example of other diagnoses may be functional dyspepsia, non-ulcerative dyspepsia, gallbladder or liver disease). However, in a large proportion of patients (up to 60%) no clear cause (such as an ulcer) can be found.

Gastroesophageal reflux is a condition that is associated with the reflux of gastric contents to the esophagus through the lower esophageal sphincter. GERD is characterized by symptoms of heartburn, bloating, abdominal pain, epigastric pain, early satiety, nausea, regurgitation, burbulence and vomiting. The reflux is thought to occur because transient lower esophageal sphincter relaxations allow gastric contents to enter the esophagus. Conditions associated with abnormal esophageal sphincter function are pregnancy, GERD, hiatal hernia, obesity, recurrent or persistent vomiting, and nasogastric tubes. The risk factors of this condition can increase with previous esophageal surgery, or known esophageal stricture. The prevalence is 5 out of 1,000 people. Evidence indicates that up to 36% of otherwise healthy Americans suffer from heartburn at least once a month, and that 7% experience heartburn as often as once a day. The incidence of GERD increases markedly after the age of 40, and it is not uncommon for patients experiencing symptoms to wait years before seeking medical treatment. Nebel O. T. et al, Am. J. Dig. Dis., Vol. 21(11): 953-956 (1976); and Spechler S. J., et al., Digestion. Vol. 51(suppl. 1):24-29 (1992).

Current therapies for functional gastrointestinal disorders are either OTC or prescription products or a combination of both. These diseases are characterized by altered motility, sensitivity and secretion as well as having a psychological (usually subconscious) overlay as well. The presently prescribed medications lose their efficacy value. Various reasons for this loss of efficacy have been postulated. Some of them include a development of tolerance, intolerability of accompanying adverse

effects, relief of the motility component but not the other symptoms and signs such as pain and bloating etc.

Accordingly, there is a need for agents which modulate and normalize GI altered motility, sensitivity and secretion and interact with 5-HT receptors and which have broad clinical usefulness for the treatment of the many gastrointestinal disorders which affect millions of people each year. More specifically, there is a need for pharmaceutical combinations comprising either 5-HT<sub>4</sub> receptor agonists or antagonists, 5-HT<sub>4</sub> receptor partial agonists or 5-HT<sub>3</sub> receptor antagonists and a co-agent effective for the treatment of gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorders including both functional and organic diseases. In a preferred embodiment the pharmaceutical combination comprises tegaserod (described below) and a co-agent.

There is also a need for pharmaceutical compositions comprising the pharmaceutical combination and a pharmaceutically acceptable carrier.

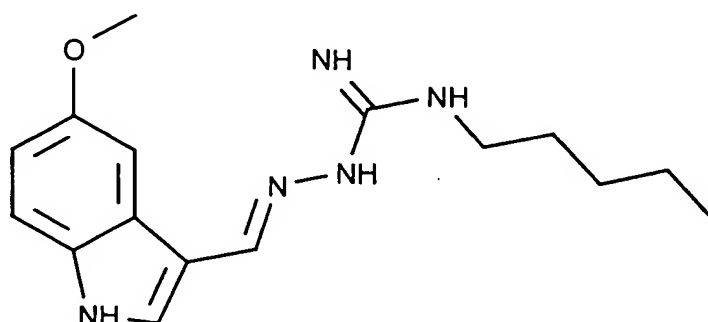
There is also a need for a method of treating a patient suffering from a gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorders comprising the administration of a therapeutically effective amount of the pharmaceutical combinations and compositions to the patient.

There is also a need for a method of regulating, stabilizing and normalizing gastrointestinal and abdominal viscera disorders comprising administering a therapeutically effective amount of the pharmaceutical combinations and compositions to a patient.

## SUMMARY

Toward these ends, and others, an aspect of the invention provides a pharmaceutical combination comprising a first agent and a co-agent for the treatment of gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorders. This combination may also be used to regulate, stabilize and normalize gastrointestinal altered motility, sensitivity and secretion abdominal viscera disorders.

The first agent includes 5-HT<sub>4</sub> receptor agonists or antagonists, 5-HT<sub>4</sub> receptor partial agonists and 5-HT<sub>3</sub> receptor antagonists. In a preferred embodiment the first agent is a 5-HT<sub>4</sub> receptor partial agonist, for example, the compounds of formula I disclosed in co-owned U.S. Patent No. 5,510,353, which is incorporated herein in its entirety as if set forth in full herein. In an even more preferred embodiment the first agent is tegaserod which is a compound of formula



(herein "tegaserod").

The co-agent is selected from the following groups of compounds: 5-HT<sub>3</sub> receptor antagonists, 5-HT<sub>4</sub> receptor agonists or antagonists, H<sub>2</sub> antagonists, proton pump inhibitors ("PPIs") which include irreversible, reversible and pre PPIs, anxiolytics, benzodiazepine compounds, anti-spasmodic/anti-muscarinic agents, selective serotonin reuptake inhibitors ("SSRIs"), tricyclic antidepressants, selegeline, belladonna alkaloids, muscarinic<sub>1</sub> ("M<sub>1</sub>") antagonists, metoclopramide, cholecystokinin ("CCK") receptor antagonists, kappa opioid agonists or antagonists, motilin receptor agonists or antagonists, nitric oxide synthase inhibitors, benzimidazolone derivatives, especially derivatives of endo-N-(8 methyl-8azabicyclo[3,2,1] oct-3yl-1H-3-benzimidazolone or AZB class derivatives ("collectively BIMU compounds"), GABA<sub>B</sub> receptor agonists or modulators, Neurokinin ("NK") receptor agonists or antagonists, substance P agonists or antagonists, calcitonin gene-related peptide receptor agonists or antagonists, endorphin/enkephalin analogs, anti-inflammatory compounds, stimulant laxatives, osmotic laxatives, fecal softeners, absorbents and fiber supplements, antacids, GI

relaxants, loperamide, diphenoxylate, anti-gas compounds, bismuth-containing preparations, subsalicylate, pentosan polysulfate, hydroxyzine, dextromethorphan, anti-emetic dopamine D<sub>2</sub> antagonists and mast cell stabilizing agents.

In accordance with another aspect of the present invention there is provided a pharmaceutical composition comprising a combination of a first agent including 5-HT<sub>4</sub> receptor agonists or antagonists, 5-HT<sub>4</sub> receptor partial agonists and 5-HT<sub>3</sub> receptor antagonists, a co-agent and a pharmaceutically acceptable carrier. In a preferred embodiment the first agent is a 5-HT<sub>4</sub> receptor partial agonist, for example, the compound of formula I disclosed in co-owned U.S. Patent No. 5,510,353. In an even more preferred embodiment the first agent is tegaserod.

In another embodiment of the present invention there is provided a method of treating a patient suffering from gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorders comprising administering a therapeutically effective amount of a pharmaceutical composition comprising the pharmaceutical combination of a first agent and a co-agent, including the pharmaceutically acceptable salts, racemates or enantiomers thereof, in the presence of a pharmaceutically acceptable carrier to the patient.

The gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorders which may be treated with the above-identified pharmaceutical combinations and compositions include heartburn, bloating, postoperative ileus, abdominal pain and discomfort, early satiety, epigastric pain, nausea, vomiting, burbulence, regurgitation, intestinal pseudoobstruction, anal incontinence, chronic constipation, diabetic gastroparesis, dyspepsia, GERD, IBS, ulcerative colitis, Crohn's disease, menstrual cramps, spastic and interstitial cystitis and ulcers and the visceral pain associated therewith.

The pharmaceutical combinations and compositions may also be employed as laxatives, as a preparation for a patient for colonoscopy, and as a means of regulating, stabilizing and normalizing gastrointestinal and abdominal viscera disorders, for example, regulating, stabilizing and normalizing enterochromaffin cell

secretory, pain and motility mechanisms, afferent fiber activity and GI and lower abdominal smooth muscle cells.

Other objects, features, advantages and aspects of the present invention will become apparent to those of skill from the following description. It should be understood, however, that the following description and the specific examples, while indicating preferred embodiments of the invention, are given by way of illustration only. Various changes and modifications within the spirit and scope of the disclosed invention will become readily apparent to those skilled in the art from reading the following description and from reading the other parts of the present disclosure.

### Definitions

Unless otherwise specified herein, common definitions are intended by the words and terms used herein. For example, the term "pharmaceutical combination" as used herein means a product that results from the mixing or combining of more than one active ingredient and includes both fixed and non-fixed combinations of the active ingredients.

The term "fixed combination" as that term is used herein means that the active ingredients, e.g. tegaserod and a co-agent, are both administered to a patient simultaneously in the form of a single entity or dosage. As an example, a fixed combination would be one capsule containing two active ingredients.

The term "non-fixed combination" as that term is used herein means that the active ingredients, e.g. tegaserod and a co-agent, are both administered to a patient as separate entities either simultaneously, concurrently or sequentially with no specific time limits, wherein such administration provides therapeutically effective levels of the two compounds in the body at the same time. As an example, a non-fixed combination would be two capsules each containing one active ingredient where the purpose is to have the patient achieve treatment with both active ingredients together in the body.

The term "therapeutically effective amount" shall mean that amount of drug or pharmaceutical agent that will elicit the biological or medical response of a tissue,

system or animal (mammal) that is being sought by a researcher or clinician. A "therapeutically effective amount" can be administered in both a fixed or non-fixed combination of tegaserod and a co-agent.

The term "a gastrointestinal altered motility, sensitivity and secretion disorder(s)" as used herein includes one or more of the symptoms and conditions which affect the gastrointestinal tract from the mouth to the anus, which include, but are not limited to, heartburn, bloating, postoperative ileus, abdominal pain and discomfort, early satiety, epigastric pain, nausea, vomiting, burbulence, regurgitation, intestinal pseudoobstruction, anal incontinence, GERD, IBS, dyspepsia, chronic constipation, diabetic gastroparesis, ulcerative colitis, Crohn's disease, menstrual cramps, spastic and interstitial cystitis and ulcers and the visceral pain associated therewith.

The term "abdominal viscera disorder(s)" as used herein includes those condition which affect the smooth muscles of the lower abdomen outside of the GI tract and include but are not limited to those conditions treated by regulation, stabilization and normalization of enterochromaffin cell secretory, pain and motility mechanisms, afferent fiber activity and GI and lower abdominal smooth muscle cells.

The term "gastro-esophageal reflux disease" and "GERD" as used herein means the incidence of, and the symptoms of, those conditions caused by the reflux of the stomach contents into the esophagus. This includes all forms/manifestations of GERD including, but not limited to, erosive and non-erosive GERD, heartburn and other symptoms associated with GERD.

The term "irritable bowel syndrome" and "IBS" as used herein means a disorder of function involving altered motility, sensitivity and secretion involving the small intestine and large bowel associated with variable degrees of abdominal pain, constipation, bloating or diarrhea without bowel inflammation.

The term "dyspepsia" as used herein means a condition characterized by symptoms of abdominal pin, epigastric pain, bloating, early satiety, nausea, heartburn and vomiting as a primary gastrointestinal dysfunction or as a complication due, and not exclusive to other disorders such as appendicitis, gallbladder disturbances, or malnutrition.



The term "gastroparesis" as used herein means a paralysis of the stomach brought about by a motor abnormality in the stomach which is often manifested as delayed gastric emptying. This can also be a complication of diseases such as diabetes, progressive systemic sclerosis, anorexia nervosa, or myotonic dystrophy.

The term "constipation" as used herein means a condition characterized by infrequent or difficult evacuation of feces resulting from conditions such as altered GI motility, altered sensation or evacuation functions and altered reabsorption of water.

The terms "mammal", "mammalian organism" or "patient" are used interchangeably herein and include, but are not limited to, humans, dogs, cats, horses and cows. The preferred patients are humans.

The term "treat" or "treatment" encompasses the complete range of therapeutically positive effects associated with pharmaceutical medication including reduction of, alleviation of and relief from the symptoms or illness which affect the organism.

## DESCRIPTION

In one aspect of the invention there is provided a pharmaceutical combination comprising a first agent and a co-agent for the treatment of a gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorder, for use as a laxative or to prepare a patient for colonoscopy and to regulate and stabilize gastrointestinal and abdominal viscera disorders. The first agent includes 5-HT<sub>4</sub> receptor agonists or antagonists, 5-HT<sub>4</sub> receptor partial agonists and 5-HT<sub>3</sub> receptor antagonists.

The 5-HT<sub>4</sub> receptor agonists and partial agonists include any compound which can activate 5-HT<sub>4</sub> receptors under quiescent/resting conditions (complete or partial activation). These compounds include, but are not limited to, the compounds of formula I disclosed in co-owned U.S. Patent No. 5,510,353, tegaserod, cisapride, nor-cisapride, renzapride, zacopride, mosapride, prucalopride, SB 205149, SC 53116, RS 67333, RS 67506, BIMU 1, BIMU 8 and (S)-RS 56532. Cisapride, cis-4-amino-5-chloro-N-[1-[3-(4-fluorophenoxy)propyl]-3-methoxy-4-piperidinyl]-2-methoxy-

benzamide and nor-cisapride are used as gastro-prokinetic agents (See A. Reyntjens et al., Drug Div. Res., 8, 251 (1986) and Curr. Ther. Res., 36, 1029-1070 (1984)). The compound is marketed internationally under trade names such as ACENALIN®, PREPULSID®, RISAMOL®, PULSAR® and PROPULSIN®. Preferred first agents are 5-HT<sub>4</sub> receptor partial agonists, for example, tegaserod.

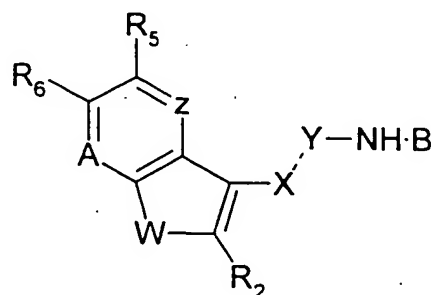
5-HT<sub>4</sub> receptor antagonists includes any compounds which bind to the 5-HT<sub>4</sub> receptor as defined by the IUPHAR (See Pharmacological Reviews, Vol. 44, p. 157-213 (1994) and that antagonizes the effect of serotonin. A relevant test to determine whether or not a compound is a 5-HT<sub>4</sub> receptor antagonist is the Guinea-Pig distal colon test as described in Br. J. Pharm., p. 1593-1599 (1993) or in the test described in Arch. Pharmacol., Vol. 343, p. 439-446 (1991). 5-HT<sub>4</sub> receptor antagonists include: piboserod; A-85380 (Abbott Laboratories) (WO 94/08994); SB 204070 (SmithKline Beecham) (Drugs Fut., 19:1109-1121 (1994)); ; SB 207058 (SmithKline Beecham) (Exp. Opin. Invest. Drugs, 3(7):767 (1994)); SB 207710 (SmithKline Beecham) (Drug Data Report, 15(10):949 (1993)); SB 205800 (SmithKline Beecham) (Drug Data Report, 15(10):949 (1993)); SB 203186 (SmithKline Beecham) (Br. J. Pharmacol., 110:10231030 (1993)); N 3389 (Nisshin Flour Milling) (Eur. J. Pharmacol., 271:159 (1994)); FK 1052 (Fujisawa) (J. Pharmacol. Exp. Ther., 265:752 (1993)); SC 56184 (Searle) (R&D Focus, 2(37) 10 (1993)); SC 53606 (Searle/Monsanto) (J. Pharmacol. Exp. Ther. 226:1339); DAU 6285 (Boehringer Ingelheim) (Br. J. Pharmacol., 105:973 (1992)); GR 125487 (Glaxo) (Br. J. Pharmacol., 113 suppl. 119P & 120P (1994)); GR 113808 (Glaxo) (Br. J. Pharmacol. 110:1172); RS 23597 (Syntex) (Bioorg Med. Chem. Lett., 4(20):2477 (1994)); RS 39604 (Syntex) (Br. J. Pharmacol., 115, 1087-1095 (1995)); LY0353433 (Eli Lilly Co. Ltd.) (J. Pharmacol. Exp. Ther., 277(1), 97-104 (1996)); and R 59595 (Eur. J. Pharmacol., 212 (1992), 51-59).

5-HT<sub>3</sub> receptor antagonists include compounds which bind to the 5-HT<sub>3</sub> receptor and antagonize the effect of a 5-HT<sub>3</sub> receptor agonist, such as cilansetron, (R)-5,6,9,10-tetrahydro-10-[2-methylimidazol-1-yl)methyl]-4H-pyrido[3,2,1-jk]-carbazol-11(8H)-one, which is described in EP 29761 and in U.S. Patent No. 5,663,343;

alosetron which is described in WO 99/17755 and U.S. Patent Nos. 5,342,627 and 5,425,950; ramosetron; azasetron; ondansetron; granisetron; and tropisetron.

Expressly included herein are the pharmaceutically acceptable salts, racemates or enantiomers of the above-described compounds.

In a preferred embodiment, the first agent is the compounds of formula I disclosed in co-owned U.S. Patent No. 5,510,353. These compounds are aminoguanidine compounds with the structure



wherein

W is S or -NR<sub>1</sub>- wherein R<sub>1</sub> is hydrogen, C<sub>1-6</sub>alkyl or acyl,

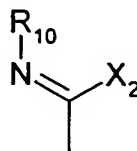
R<sub>2</sub> is hydrogen, halogen or C<sub>1-6</sub>alkyl,

R<sub>5</sub> is hydrogen; halogen; C<sub>1-6</sub>alkyl; hydroxy; nitro; amino;

C<sub>1-4</sub>alkylamino; acylamino; C<sub>2-6</sub>alkoxycarbonyl; SO<sub>2</sub> NR<sub>a</sub>R<sub>b</sub> wherein each of R<sub>a</sub> and R<sub>b</sub> independently is hydrogen or C<sub>1-6</sub>alkyl; cyano; or trimethylsilyl;

or,

when A is -CR<sub>7</sub>=, R<sub>5</sub> is also C<sub>1-6</sub>alkyl substituted by -SO<sub>2</sub>- C<sub>1-6</sub>alkyl, -SO<sub>2</sub>NR<sub>a</sub>R<sub>b</sub>,



-CONR<sub>a</sub>R<sub>b</sub>, -NH-SO<sub>2</sub>- C<sub>1-6</sub>alkyl, -N(C<sub>1-6</sub>alkyl)-SO<sub>2</sub>-( C<sub>1-6</sub>alkyl), -NR<sub>a</sub>R'<sub>b</sub> wherein R'<sub>b</sub> is hydrogen, C<sub>1-6</sub>alkyl, C<sub>3-7</sub>cycloalkyl, C<sub>3-6</sub>alkenyl, phenyl or phenyl-C<sub>1-3</sub>alkyl wherein the phenyl ring is optionally substituted, C<sub>2-6</sub>alkoxycarbonyl, -PO(C<sub>1-4</sub>alkyl)<sub>2</sub> or a heterocyclic radical; carboxy; CONR<sub>a</sub>R<sub>b</sub> ; -PO(C<sub>1-4</sub>alkyl)<sub>2</sub>; OCONR<sub>c</sub>R<sub>d</sub>, wherein each of R<sub>c</sub> and R<sub>d</sub> independently is C<sub>1-6</sub>alkyl; or a

heterocyclic radical,

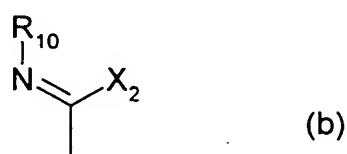
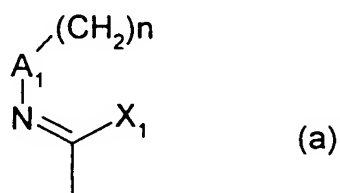
$R_6$  is hydrogen or, when  $R_5$  is OH,  $R_6$  is hydrogen or halogen,

Z is  $-CR_4=$  wherein  $R_4$  is hydrogen, halogen, hydroxy or  $C_{1-6}$ alkyl or, when  $R_5$  is hydrogen or hydroxy, Z is also  $-N=$ ,

A is  $-N=$  or  $-CR_7=$  wherein  $R_7$  is hydrogen, halogen,  $C_{1-6}$ alkyl or  $C_{1-6}$ alkoxy, or  $R_1$  and  $R_7$  together represent  $-(CH_2)_m-$  or  $-X_3(CH_2)_p-$  wherein m is 2, 3 or 4, p is 2 or 3 and  $X_3$  is O, S or  $-N(C_{1-6}alkyl)-$ ,  $X_3$  being attached to the 6-membered ring,

X-Y is  $-CR_8=N-$  or  $-CH(R_8)-NH-$  wherein  $R_8$  is hydrogen or  $C_{1-6}$ alkyl, and

B is a radical of formula (a) or (b),



wherein n is 1 or 2,

$A_1$  is  $C=O$  or  $CH_2$ ,

$X_1$  is S,  $NR_{11}$  or  $CR_{12}R_{13}$ , wherein  $R_{11}$  is hydrogen or acyl, each of  $R_{12}$  and  $R_{13}$  independently is hydrogen,  $C_{1-4}$ alkyl or  $C_{5-7}$ cycloalkyl,

$R_{10}$  is hydrogen;  $C_{1-12}$ alkyl;  $C_{1-6}$ alkyl substituted by hydroxy, aryl, aryloxy, adamantyl, a heterocyclic radical,  $-NR_{15}-CO-R_{16}$  or  $-NH-SO_2$ -aryl;  $C_{5-7}$ cycloalkyl; aryl; adamantyl; acyl; or  $-CONHR_{14}$ ,

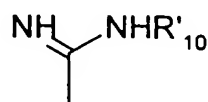
wherein  $R_{14}$  is  $C_{1-10}$ alkyl,  $C_{5-7}$ cycloalkyl,  $C_{5-7}$ cycloalkyl- $C_{1-4}$ alkyl, aryl, aryl $C_{1-4}$ alkyl or a heterocyclic radical,

$R_{15}$  is hydrogen or  $C_{1-4}$ alkyl, and

$R_{16}$  is  $C_{1-6}$ alkyl,  $C_{5-7}$ cycloalkyl,  $C_{5-7}$ cycloalkyl- $C_{1-4}$ alkyl, aryl or aryl $C_{1-4}$ alkyl, and

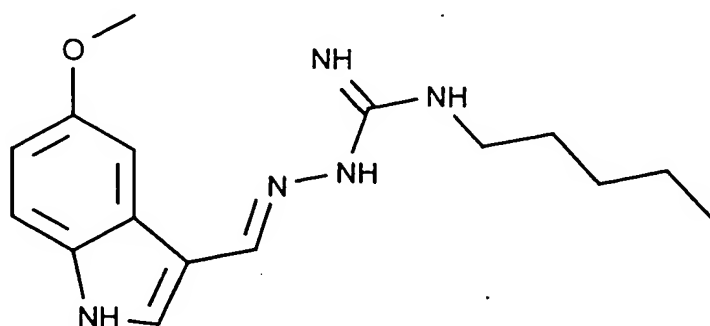
$X_2$  is  $-SR_{20}$  or  $-NR_3R'_{10}$  wherein  $R_{20}$  is  $C_{1-6}$ alkyl,  $R_3$  is hydrogen or  $C_{1-6}$ alkyl and  $R'_{10}$  has one of the significances given for  $R_{10}$  above, or  $R_3$  and  $R'_{10}$  together with the nitrogen atom to which they are attached form a 5-, 6- or 7-membered saturated, aromatic or non aromatically unsaturated heterocycle which may comprise a further heteroatom selected from N, S and O and which may be further condensed to a benzene ring, provided that

- when B is a radical of formula (b), only one of  $R_{10}$  and  $R'_{10}$  can be other than hydrogen and  $X_2$  can be  $-SR_{20}$  only when  $R_{10}$  is hydrogen, and
- $R_5$  is other than hydrogen when B is a radical



wherein  $R'_{10}$  is 4-methylphenyl as aryl, each of Z and A is  $-\text{CH}=\text{}$ , W is  $-\text{NH}-$ ,  $R_2$  and  $R_6$  are each hydrogen and  $X-Y$  is  $\text{CH}=\text{N}-$  and a physiologically-hydrolyzable and -acceptable ether or ester thereof when  $R_5$  is hydroxy, in free form or in salt form (referred to herein as "compounds of formula I")

In an even more preferred embodiment the first agent is tegaserod. Tegaserod is a compound of formula



and is a partial agonist at serotonin type-4 ( $5\text{-HT}_4$ ) receptors. Tegaserod is structurally derived from the physiological ligand of  $5\text{-HT}_4$  receptors, serotonin. The chemical name is 3-(5-Methoxy-1H-indol-3-ylmethylene)-N-pentylcarbazimidamide

and its empirical formula is  $C_{16}H_{23}N_5O$ . The molecular weight is 301.39 and its chemical structure is set forth above. One skilled in the art can synthesize tegaserod by the teachings of U. S. Patent No. 5,510,353 issued to Giger and from the teachings herein. Tegaserod is specifically described in example 13 of co-owned U.S. Patent No. 5,510,353. Tegaserod may be in free form or in a pharmaceutically acceptable salt form. A preferred salt form is hydrogen maleate.

The co-agents which are combinable with the first agent include, but are not limited to, the following:

1) 5-HT<sub>4</sub> receptor antagonists which are compounds which bind to the 5-HT<sub>4</sub> receptor as defined by the IUPHAR (See Pharmacological Reviews, Vol. 44, p. 157-213 (1994) and that antagonize the effect of serotonin. A relevant test to determine whether or not a compound is a 5-HT<sub>4</sub> receptor antagonist is the Guinea-Pig distal colon test as described in Br. J. Pharm., p. 1593-1599 (1993) or in the test described in Arch. Pharmacol., Vol. 343, p. 439-446 (1991). Representative 5-HT<sub>4</sub> receptor antagonists include:

A-85380 (Abbott Laboratories) (WO 94/08994)

SB 204070 (SmithKline Beecham) (Drugs Fut., 19:1109-1121 (1994))

SB 207266 (piboserod) (SmithKline Beecham) (Marketletter, 22-1 22 en 22-18 (1995))

SB 207058 (SmithKline Beecham) (Exp. Opin. Invest. Drugs, 3(7):767 (1994))

SB 207710 (SmithKline Beecham) (Drug Data Report, 15(10):949 (1993))

SB 205800 (SmithKline Beecham) (Drug Data Report, 15(10):949 (1993))

SB 203186 (SmithKline Beecham) (Br. J. Pharmacol., 110:1023-1030 (1993))

N 3389 (Nisshin Flour Milling) (Eur. J. Pharmacol., 271:159 (1994))

FK 1052 (Fujisawa) (J. Pharmacol. Exp. Ther., 265:752 (1993))

SC 56184 (Searle) (R&D Focus, 2(37) 10 (1993))

SC 53606 (Searle/Monsanto) (J. Pharmacol. Exp. Ther. 226:1339)

DAU 6285 (Boehringer Ingelheim) (Br. J. Pharmacol., 105:973 (1992))

GR 125487 (Glaxo) (Br. J. Pharmacol., 113 suppl. 119P & 120P (1994))

GR 113808 (Glaxo) (Br. J. Pharmacol. 110:1172)

RS 23597 (Syntex) (Bioorg Med. Chem. Lett., 4(20):2477 (1994))

RS 39604 (Syntex) (Br. J. Pharmacol., 115, 1087-1095 (1995))

RS 100235

LY0353433 (Eli Lilly co. Ltd.) (J. Pharmacol. Exp. Ther., 277(1), 97-104 (1996))

R 59595 (Eur. J. Pharmacol., 212 (1992), 51-59),

2) 5-HT<sub>4</sub> receptor agonists including but not limited to prucalopride; and mosapride. Mosapride is marketed in Japan under the tradename GASMOTIN®.

3) 5-HT<sub>3</sub> receptor antagonists which include compounds which bind to the 5-HT<sub>3</sub> receptor and antagonize the effect of a 5-HT<sub>3</sub> receptor agonist, such as cilansetron; alosetron; ramosetron; azasetron; ondansetron; granisetron; and tropisetron,

4) compounds which exhibit characteristics of some or all of 1 through 3 above such as cisapride and nor-cisapride; BIMU compounds, for example BIMU1, BIMU8 and DAU 6215 (also known as itasetron) as disclosed in Dumuis A., et al., Naunyn Schmiedeber's Arch. Pharmacol., Vol. 343(3), pp. 245-251 (1991); DAU-6236 as disclosed in Rizzi, C.A. et al., J. Pharmacol. Exp. Ther., Vol. 261, pp. 412-419 (1992); and DAU-6258, Turconi M, et al., J. Med. Chem., Vol. 33(8), pg. 2101-2108 (1990), SDZ 205-557 which is a benzoic acid derivative (ester) Eglen R. M. et al., Proc. Br. Pharmacol. Soc., Vol. 149 (1992); renzapride; zacopride; SB 205149; SC 53116; RS 67333; RS 67506; and (S)-RS 56532, lintopride,

5) H<sub>2</sub> antagonists which include compounds which inhibit the action of histamine at the histamine H<sub>2</sub> receptors on gastric cells such as famotidine marketed under the trade name PEPCID®; cimetidine marketed under the trade name TAGAMET®; ranitidine marketed under the trade name ZANTAC®; and nizatidine marketed under the trade name AXID®.

6) Proton Pump Inhibitors (PPIs) including irreversible PPIs, which include compounds which inhibit gastric acid secretion by inhibition of H<sup>+</sup>/K<sup>+</sup> ATPase enzyme system of the gastric parietal cells such as omeprazole marketed under the trade name PRILOSEC® and LOSEC®; lansoprazole marketed under the trade name PREVACID®; rabeprazole marketed under the trade name PARIET® and ACIPHEX®; pantoprazole marketed under the trade name PROTIUM®; and esomeprazole; reversible PPIs, which include, for example, BY 841, SKF 97574, SKF 96067, H 40502 and those disclosed in WO 98/43968 which are YH1238 and YH1885, Kim H. et al., Korean Journal of Physiology and Pharmacology, 1997, Vol 1(3), pp. 337-343; and pre-PPIs.

7) anxiolytics, for example, chlordiazepoxide,

8) benzodiazepine compounds and analogs which act to suppress seizures through an interaction with  $\gamma$ -aminobutyric acid (GABA) receptors of the A-type (GABA<sub>A</sub>), for example, DIASTAT® and VALIUM®; LIBRIUM®; and ZANAX®,

9) anti-spasmodic/anti-muscarinic agents, for example, dicyclomine marketed under the trade name BENTYL®; hyoscyamine marketed under the trade name LEVSIN®; and darifenacin, (S)-1-[2-(2,3-Dihydro-5-benzofuranyl)ethyl]- $\alpha,\alpha$ -diphenyl-3-pyrrolidineacetamide, described in U. S. Patent No. 5,837,724 which is a selective muscarinic M<sub>3</sub> receptor antagonist,

10) SSRIs, for example, fluvoxamine; fluoxetine; paroxetine; sertraline; citalopram; venlafaxine; cericlamine; duloxetine; milnacipran; nefazodone; and cyanodothiepin (See The Year Drugs News, 1995 Edition, pp. 47-48 by Prous J.R.) and WO 97/29739,

11) tricyclic anti-depressants, for example, amitriptyline marketed under the trade names ELAVIL®, ETRAFON®, LIMBITROL®, and TRIAVIL®; bupropion; and Sinequan,

12) selegeline marketed under the trade names ELDEPRYL®, ATAPRYL® and DEPRENYL®,



- 13) belladonna alkaloids, for example, atropine and scopolamine,
- 14) M<sub>1</sub> antagonists,
- 15) metoclopramide marketed under the trade names REGLAN®,
- 16) CCK receptor antagonists, for example, devasepide; lorglumide; dexloxiglumide; loxiglumide, D'Amato, M. et al., Br. J. Pharmacol. Vol. 102(2), pp. 391-395 (1991); CI 988; L364,718; L363,260; L740,093 and LY288,513; and additional CCK receptor antagonists disclosed in U. S. Patent No. 5,220,017, Bruley-Des-Varannes, S, et al. Gastroenterol. Clin. Biol. Vol. 15:(10), pp. 744-757 (1991), and Worker C : EPHAR '99 - Second European Congress of Pharmacology (Part IV) Budapest, Hungary Iddb Meeting Report 1999 July 3-7,
- 17) kappa opioid agonists or antagonists, for example, fedotozine,
- 18) motilin receptor agonists or antagonists, for example, motilin agonist ABT-269, (erythromycin, 8,9-didehydro-N-dimethyl-9-deoxo-4'',6,12-trideoxy-6,9-epoxy-N-ethyl), de(N-methyl-N-ethyl-8,9-anhydroerythromycin A and de(N-methyl)-N-isoprop-8,9-anhydroerythromycin A, Sunazika T. et al., Chem. Pharm. Bull., Vol. 37(10), pp. 2687-2700 (1989); A-173508 (Abbot Laboratories); motilin antagonists (Phe<sup>3</sup>, Leu<sup>13</sup>) porcine motilin, 214<sup>th</sup> American Chemical Society (ACS) Meeting (Part V); Highlights from Medicinal Chemistry Poster Session, Wednesday 10 September, Las Vegas, Nevada, (1997), Iddb Meeting Report September 7-11 (1997); and ANQ-11125, Peeters T.L., et al., Biochem. Biophys. Res. Commun., Vol. 198(2), pp. 411-416 (1994),
- 19) nitric oxide synthase inhibitors,
- 20) GABA<sub>B</sub> receptor agonists or modulators, for example, (±)-baclofen, S(-)-baclofen, R(+)-baclofen, CGP44532, CGP47656, CGP7930, SK&F97541
- 21) substance P agonists or antagonists,
- 22) NK receptor agonists or antagonists. Examples of NK receptor antagonists include FK 888( Fujisawa); GR 205171 (Glaxo Wellcome); LY 303870 (Lilly); MK 869

(Merck); GR82334 (Glaxo Wellcome); L758298 (Merck); L 733060 (Merck); L 741671 (Merck); L 742694 (Merck); PD 154075 (Parke-Davis); S18523 (Servier); S19752 (Servier); OT 7100 (Otsuka); WIN 51708 (Sterling Winthrop); NKP-608A; TKA457; DNK333; CP-96345; CP-99994; CP122721; L-733060; L-741671; L-742694; L-758298; L-754030; GR-203040; GR-205171; RP-67580; RPR-100893 (dapitant); RPR-107880; RPR-111905; FK-888; SDZ-NKT-343; MEN-10930; MEN-11149; S-18523; S-19752; PD-154075 (CAM-4261); SR-140333; LY-303870 (lanepitant); EP-00652218; EP-00585913; L-737488; CGP-49823; WIN-51708; SR-48968 (saredutant); SR-144190; YM-383336; ZD-7944; MEN-10627; GR-159897; RPR-106145; PD-147714 (CAM-2291); ZM-253270; FK-224; MDL-105212A; MDL-105172A; L-743986; L-743986 analogs; S-16474; SR-142801 (osanetant); PD-161182; SB-223412; and SB-222200,

23) calcitonin gene-related peptide (CGRP) receptor agonists or antagonists, which includes CGRP-(8-37), Onodera S, et al., Jpn. J. Pharmacol., Vol. 68(2), pg. 161 -173 (1995) and Daines R. A. et al., Bioorganic Med. Chem. Lett., Vol. 7(20), pg. 2673-2676 (1997),

24) Endorphin/Enkephalin analogs,

25) anti-inflammatory compounds, particularly those of the immunomodulatory type, for example, NSAIDS; immunomodulatory drugs; Tumor Necrosis Factor (TNF, TNF $\alpha$ ) inhibitors; basiliximab (e.g. SIMULECT®); daclizumab (e.g. ZENAPAX®); infliximab (e.g. REMICADE®); mycophenolate mofetil (e.g. CELLCEPT®); azathioprine (e.g. IMURAN®); tacrolimus (e.g. PROGRAF®); steroids; and GI anti-inflammatory agents, for example, sulfasalazine (e.g. AZULFIDINE®); olsalazine (e.g. DIPENTUM®); and mesalamine (e.g. ASACOL®, PENTASA®, ROWASA®),

26) stimulant laxatives, for example, bisacodyl marketed under the trade names DULCOLAX®, FLEET® and EVAC-Q-KWIK®; and the non-prescription EX-LAX® (Novartis Consumer Health Inc.),

27) osmotic laxatives, for example, activated charcoal with sorbitol marketed under the trade name ACTIDOSE with SORBITOL®; and phosphate buffered saline,

28) fecal softeners, for example, senna concentrate marketed under the trade names X-PREP® and SENEKOT®,

29) absorbents and fiber supplements including bulk fiber laxative plus natural, vegetable stimulant marketed under the trade name PERDIEM®; and bulk forming natural therapeutic fiber, for example, METAMUCIL® and FIBERCON®,

30) antacids, such as aluminum and magnesium antacids; and calcium hydroxides such as MAALOX®,

31) GI relaxants, for example, cholestyramine resin marketed under the trade name LoCHOLEST® and QUESTRAN®,

32) loperamide, an anti-diarrhea agent, for example, IMODIUM®,

33) diphenoxylate, ethyl 1-(3-cyano-3,3-diphenylpropyl)-4-phenylisonipicotate, for example, LOMOTIL®,

34) anti-gas compounds, for example, simethicone marketed under the trade names MYLANTA® and MYLICON®; and enzyme preps including PHAZYME® and BEANO®

35) bismuth-containing preparations, for example, bismuth subsalicylate also known as PEPTO-BISMOL®,

36) dextromethorphan, for example, dextromethorphan HBr, 3-methoxy-17-methyl-9 $\alpha$ , 13 $\alpha$ , 14 $\alpha$ -morphinan hydrobromide monohydrate, trade names under which dextromethorphan are marketed include BROMFED-DM®, DIABE-TUSS DM®, and TYLENOL®,

37) pentosan polysulfate, a heparin-like macromolecular carbohydrate derivative which chemically and structurally resembles glycosaminoglycans, marketed under the trade name ELMIRON®,

38) hydroxyzine, for example hydroxyzine HCl, 1-(p-chlorobenzhydryl) 4-[2-(2-hydroxyethoxy)-ethyl] piperazine dihydrochloride, marketed under the trade name ATARAX®,

39) mast cell stabilizers, for example, ketotifen marketed under the trade name ZADITEN®, and

40) anti-emetic dopamine D<sub>2</sub> antagonists, such as domperidone.

Also included are the pharmaceutically acceptable salts, racemates or enantiomers of all the above-identified co-agents.

Also within the scope of this invention is the combination of more than two separate active ingredients as set forth above, i.e. a pharmaceutical combination within the scope of this invention could include three active ingredients or more. Further, both the first agent and the co-agent are not the identical active ingredient.

In accordance with another aspect of the invention there is provided a pharmaceutical composition comprising a combination of a first agent and a co-agent as active ingredients, or pharmaceutically acceptable salts, racemates or enantiomers thereof, in the presence of a pharmaceutically acceptable carrier, and optionally, other therapeutic ingredients. In a preferred embodiment the first agent is a 5-HT<sub>4</sub> receptor partial agonist, for example, the compounds of formula I of co-owned U.S. Patent 5,510,353. In an even more preferred embodiment the first agent is tegaserod.

Applicants have surprisingly found that the pharmaceutical combinations and compositions of the present invention provide an enhanced treatment response for the gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorders mentioned herein. For example, the combination of Tegaserod and PPIs provide not only motility regulation but inhibit gastric acid secretion as well which is extremely beneficial for GERD. Applicants have also surprisingly found that the pharmaceutical combinations and compositions of the present invention provide an enhanced reduction of gastrointestinal pain normally associated with the gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorders.

The term "pharmaceutically acceptable salts" or "a pharmaceutically acceptable salt thereof" refer to salts prepared from pharmaceutically acceptable nontoxic acids

or bases including inorganic acids and bases. Suitable pharmaceutically acceptable acid addition salts for the first agent and the co-agents of the present invention include acetic, benzenesulfonic (besylate), benzoic, camphorsulfonic, citric, ethenesulfonic, fumaric, gluconic, glutamic, hydrobromic, hydrochloric, isethionic, lactic, maleic, malic, mandelic, methanesulfonic, mucic, nitric, pamoic, pantothenic, phosphoric, succinic, sulfuric, tartaric acid, p-toluenesulfonic, and the like.

To prepare the pharmaceutical compositions of the present invention, the first agent and a co-agent, or their pharmaceutically acceptable salts, racemates or enantiomers are combined in intimate admixture by mixing, blending or combining in any manner known to those of skill in the art, with a pharmaceutically acceptable carrier. The pharmaceutically acceptable carrier may take a wide variety of forms depending on the form of preparation desired for administration.

Any suitable route of administration may be employed for providing a mammal with a therapeutically effective amount of the pharmaceutical combinations and compositions of the present invention. For example, oral, rectal, vaginal, topical, parental (subcutaneous, intramuscular, intravenous, transdermal) and like forms of administration may be employed. Dosage formulations include ointments, foams, gels, transdermal patches, tablets (both fractionable and non-fractionable), caplets, powders for inhalations, gelcaps, capsules, elixirs, syrups, chewable tablets, lozenges, troches, dispersions, aerosols, solutions, fast-dissolving wafers, suppositories or suspensions or other known and effective delivery methods.

In addition to the dosage formulations set out above, the pharmaceutical combinations and compositions of the present invention may also be administered by controlled release means and/or delivery devices such as those described in U. S. Patent Nos. 3,845,770; 3,916,899; 3,536,809; 3,598,123; and 4,008,719 and by "fast-melt" means which include delivery devices which rapidly dissolve in the mouth. Rapid dissolution is meant to include dissolution which takes place in the patient's mouth within less than three minutes. Delivery devices for this type of formulation include, but are not limited to, tablets and capsules. An example of a fast-melt

means as used herein is described in U. S. Patent No. 5,178,878 which discloses an effervescent dosage form with microparticles for rapid dissolution of the tablet or capsule.

Oral dosing is preferred. In preparing the compositions in oral dose form, any of the usual pharmaceutical carriers may be employed including any material, composition or vehicle, such as a liquid or solid filler, diluent, excipient, solvent or encapsulating material involved in carrying, formulating or transporting a chemical agent. Specific examples are water, glycols, oils, alcohols and the like in the case of oral liquid preparations. In oral solid forms solid carriers such as starches, sugars, kaolin, lubricants, binders, disintegrating agents and the like may be employed. Oral solid preparations are preferred over the oral liquid preparations. A preferred oral solid preparation is capsules and tablets, because of their ease of administration.

For parental compositions, the carrier will usually comprise sterile water, at least in large part, though other ingredients, to aid solubility for example, may be included. Injectable solutions, for example, may be prepared in which the carrier comprises PEG, saline solution, glucose solution or a mixture of saline and glucose solution. Injectable suspensions may also be prepared in which case appropriate liquid carriers, suspending agents and the like may be employed. In the compositions suitable for percutaneous administration, the carrier optionally comprises a penetration enhancing agent and/or a suitable wetting agent, optionally combined with suitable additives of any nature in minor proportions, which additives do not cause a significant deleterious effect on the skin. It is especially advantageous to formulate the aforementioned pharmaceutical compositions in dosage unit form for ease of administration and uniformity of dosage. Dosage unit form as used herein refers to physically discrete units suitable as unitary dosages, each unit containing a predetermined quantity of active ingredient(s) calculated to produce the desired therapeutic effect in association with the required pharmaceutical carrier.

In another embodiment of the present invention there is provided a method of treating a patient suffering from a gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorder comprising administering a therapeutically

effective amount of a pharmaceutical composition comprising a combination of a first agent and a co-agent, or the pharmaceutically acceptable salts, racemates or enantiomers thereof, in the presence of a pharmaceutically acceptable carrier to the patient. In a preferred embodiment the first agent is the compounds of formula I of co-owned U.S. Patent No. 5,510,353. In an even more preferred embodiment the first agent is tegaserod.

Generally, the pharmaceutical compositions of the present invention are employed for the treatment of a gastrointestinal altered motility, sensitivity and secretion and abdominal viscera disorder including, but not limited to, heartburn, bloating, postoperative ileus, abdominal pain and discomfort, early satiety, epigastric pain, nausea, vomiting, regurgitation, burbulence, intestinal pseudoobstruction, anal incontinence, GERD, IBS, dyspepsia, chronic constipation, diabetic gastroparesis, ulcerative colitis, Crohn's disease, menstrual cramps, spastic and interstitial cystitis and ulcers and the visceral pain associated therewith. In addition, the pharmaceutical combinations and compositions may also be employed as laxatives, as a preparation for a patient for colonoscopy, and for regulating and stabilizing enterochromaffin cell secretory, pain and motility mechanisms, afferent fiber activity and GI and lower abdominal smooth muscle cells.

More specifically, the first agent(s) and the co-agents described above may be combined as follows:

5-HT<sub>4</sub> receptor agonists or antagonists or 5-HT<sub>3</sub> antagonists to treat dyspepsia, GERD, IBS and abdominal viscera disorders;

H<sub>2</sub> antagonists or PPIs to treat dyspepsia, GERD, IBS and abdominal viscera disorders;

compounds from category 4) above (compounds which exhibit mixed 5-HT<sub>3</sub> and 5-HT<sub>4</sub> receptor modulating properties), cilansetron, darifenacin or piboserod to treat IBS, GERD, dyspepsia and abdominal viscera disorders;

anxiolytics, anti-spasmodic/anti-muscarinic agents, bupropion, belladonna alkaloids, endorphin/enkephalin analogs or GI anti-inflammatory agents to treat IBS,

GERD, dyspepsia and abdominal viscera disorders;

SSRIs,  $M_1$  antagonists, metoclopramide, CCK antagonists or motilin receptor agonists or antagonists to treat functional dyspepsia and IBS, GERD and abdominal viscera disorders;

pentosan polysulfate or hydroxyzine to treat cystitis, IBS, GERD, dyspepsia and abdominal viscera disorders;

tricyclic antidepressants, for example, amitriptyline to treat IBS, GERD, dyspepsia and abdominal viscera disorders; and

anti-gas compounds to treat dyspepsia, IBS, GERD and abdominal visceral pain. The therapeutically effective dosage of the pharmaceutical compositions of this invention will vary with the severity of the condition to be treated, and the route of administration. The dose, and perhaps the dose frequency, will also vary according to the age, body weight, and response of the individual patient. In general, the combination of the first agent and the co-agent may be administered in a molar ratio having a range of from about 0.01 to about 2 for the first agent to a range of from about 0.01 to 1000 for the co-agent. As an example, the molar ratio for the first agent to the co-agent is about 1:1000 (first agent to co-agent). As a more specific example, the molar ratio for the first agent to the co-agent may be about 1:1000, 1:500, 1:200, 1:100, 1:20, 1:5, 1:1 or 1:0.01. A preferable molar ratio is about 1:20, even more preferably about 1:5 and most preferably about 1:1.

The total daily dose range, which comprises the above-described molar ratio, for the conditions described herein, may be administered in a range of from about 0.01 mg to about 1000 mg. The daily dose range may be about 800 mg, 600 mg, 400 mg, 200 mg, 100 mg, 50 mg, 20 mg, 10 mg, 5 mg, 1 mg, .1 mg or .01 mg. Preferably, a daily dose range should be between about 0.5 mg to about 100 mg, while most preferably, a daily dose range should be between about 5 mg to about 75 mg. It is preferred that the doses are administered OD (once daily) or BID (2 times a day). In managing the patient, the therapy should be initiated at a lower dose, perhaps about 5 mg to about 10 mg, and increased up to about 50 mg or higher



depending on the patient's response. It may be necessary to use dosages outside these ranges in some cases as will be apparent to those skilled in the art. Further, it is noted that the clinician or treating physician will know how and when to interrupt, adjust, or terminate therapy in conjunction with individual patient response. The term "therapeutically effective amount" is encompassed by the above-described molar ratio and dosage amounts and dose frequency schedule.

## EXAMPLES

The present invention is further described by the following examples. The examples are provided solely to illustrate the invention by reference to specific embodiments. These exemplification's, while illustrating certain specific aspects of the invention, do not portray the limitations or circumscribe the scope of the disclosed invention.

### Example 1

#### Treatment Of Non-Erosive GERD With The Combination Of Tegaserod And A Co-Agent

Patients selected for the study are patients with heartburn, the target symptom in patients with non-erosive GERD, as the predominant upper gastrointestinal symptom during the last three (3) months prior to entry into the study and with a history of episodes of heartburn occurring on at least 3 days/week. Patients with GERD and without endoscopic signs of erosive esophagitis are included in the study. Among other factors, patients who are treated with H<sub>2</sub>RAs in prescription doses or PPIs within one month prior to entry into the baseline phase of the study (Day -14) and patients who need continuous use of PPIs within three months prior to entry into the baseline phase of the study are excluded.

The study consists of a one-week screening period and a 2-week drug-free baseline period, followed by an 8-week, double-blind, placebo-controlled treatment period. During the screening period (Day -21 to Day -14), an endoscopy is performed to rule out the presence of erosive esophagitis. During baseline (Day -14 to Day 1),

the patient's symptoms of GERD are documented in a daily diary. At the start of the period, medications for GERD such as histamine H<sub>2</sub>-receptor antagonists (H<sub>2</sub>RAs), proton pump inhibitors (PPIs), prokinetics and other disallowed medication are withdrawn and the patients are instructed not to change their diet or lifestyle during the trial. Patients are allowed to take Maalox tablets as a rescue medication for the control of their symptoms. Patients entering the double-blind period have episodes of heartburn on three (3) or more days the last week of the baseline period.

Patients are randomized in equal groups during the double-blind, placebo-controlled period of the study. This period of the study lasts eight (8) weeks and there are 12 treatment arms. The patients in each group receive one of the following regimens: 1) placebo, 2) tegaserod 0.4 mg/day, 3) tegaserod 1 mg/day, 4) tegaserod 4 mg/day, 5) ranitidine 300 mg/day, 6) omeprazole 20 mg/day, 7) tegaserod 0.4 mg/day plus ranitidine 300 mg/day, 8) tegaserod 1 mg/day plus ranitidine 300 mg/day, 9) tegaserod 4 mg/day plus ranitidine 300 mg/day, 10) tegaserod 0.4 mg/day plus omeprazole 20 mg/day, 11) tegaserod 1 mg/day plus omeprazole 20 mg/day and 12) tegaserod 4 mg/day plus omeprazole 20 mg/day, given orally bid for the eight (8) weeks. The administration as per the twelve (12) groups above is within thirty (30) minutes before meal time in the morning and in the evening. During the eight (8) weeks, patients continue to complete the daily diary and use only Maalox tablets as rescue medication for the control of their symptoms.

The combination of 1) tegaserod with omeprazole and 2) tegaserod with ranitidine significantly reduces the episodes of heartburn occurring per week during the eight (8) week period of the double-blind, placebo-controlled period of the study as compared to any of placebo, tegaserod, ranitidine and omeprazole alone. The tegaserod combinations also reduces the other symptoms of GERD including , abdominal pain, bloating and regurgitation. Further, patients show a significant improvement in quality of life factors as compared to any of placebo, tegaserod, ranitidine and omeprazole alone.

## Example 2

### Pharmacodynamic effects of Tegaserod and co-agents on gastrointestinal and colonic motility

*Animal preparation:* Beagle dogs are used in these experiments. Under halothane anesthesia, four strain-gauge transducers constructed according to Pascaud et al. (Am. J. Physiol. (1978) 235: E532-E538) are sewn on the serosa of the antrum at 5 cm from the pylorus, the duodenum at 10 cm from the pylorus, the jejunum at 50 cm from the ligament of Treitz and the proximal colon at 10 cm from the ileo-colonic junction. Each transducer is sewn with its recording axis parallel to the transverse axis of the gut to measure the contractile force of the circular muscle layer. The free ends of the strain-gauge wires are drawn sub-cutaneously to emerge dorsally between the scapulas.

*Recordings:* Calibration of each strain-gauge is performed before implantation. Mechanical activity detected by the transducers is recorded. The motility index of the antrum, duodenum, jejunum and colon is determined according to the technique of Hachet et al. (J. Pharmacol. Meth. (1986) 16: 171-180). The calculated index of motility corresponded to the area between the baseline and the contractile curve during 30 min intervals.

*Study design:* The dogs were separated into groups. Each group receives one of the following regimens: 1) placebo, 2) tegaserod, 3) alosetron, 4) prucalopride, 5) A-85380, 6) fedotozine, 7) chlordiazepoxide, 8) CGP-49823, 9) bupropion, 10) fluvoxamine, 11) tegaserod plus alosetron, 12) tegaserod plus prucalopride, 13) tegaserod plus A-85380, 14) tegaserod plus fedotozine, 15) tegaserod plus chlordiazepoxide, 16) tegaserod plus CGP-49823, 17) tegaserod plus bupropion, or 18) tegaserod plus fluvoxamine. Compounds at different doses or placebo are administered p.o. to fasted dogs 30 min prior to a meal (water ad libitum). Intravenous infusions of compounds at different doses or placebo (vehicle) to fasted dogs started 30 min prior to a meal (water ad libitum). Gastrointestinal and colonic motility recordings started with the meal intake and are carried out for 6 hours duration in total.

*Data analysis:* Changes in motility index during the 6 hours after the meal associated with the different compounds/administrations are determined at the level of the antrum, duodenum, jejunum and colon.

The combination of tegaserod plus a co-agent significantly increased gastrointestinal and colonic motility as compared to placebo and any of the compounds administered alone.

### **Example 3**

#### **Effects Of Tegaserod and Co-agents On Gastric And Colonic Sensitivity To Distension And On The Muscular Tone Of The Gut Using Barostatic Distension.**

##### **Gastric sensitivity and tone**

Groups of Wistar rats weighing 200-250 g are used. For surgery, the animals are premedicated with 0.3 ml of acepromazine (0.5 mg/kg) injected intraperitoneally (ip) and anesthetized with 0.3 ml of ketamine injected intraperitoneally.

Animals are positioned in dorsal decubitus and following a xypho-ombilical laparotomy, the stomach is fitted with a permanent balloon connected to a tube introduced in the upper part of the rumen at 1 cm of the gastro-esophageal junction on the great curvature. After closure of the abdomen, rats are positioned in ventral decubitus and one group of 3 stainless steel electrodes (1 m in length - 270 µm in diameter) is implanted into the neck muscles using a technique described in (Ruckebusch and Fioramonti, 1975). The free ends of electrodes and the catheter of the balloon are exteriorized on the back of the neck and protected by a glass tube attached to the skin.

Gastric distension at constant pressure is performed with an electronic barostat (Hachet et al., Gastroenterol Clin Biol, 1993, 17, 347-351). Balloons (5.0-5.5 cm in length) are made with cistern free condoms and sutured to a polyethylene tube (1.0 and 1.8 mm inner and outer diameter respectively, 80 cm in length). The end of the tube is drilled for an easier emptying of the balloon.

Ten days after surgery, electromyographic recordings are performed with an electroencephalograph machine (Reega VIII, Alvar, Paris, France) at a paper speed

of 2.4 cm/min. A short time constant of amplification is used to record selectively spike burst (0.03 s). The electromyographic activity is summed every 20 s by an integrator circuit and automatically plotted on a computer.

Under noxious gastric distension, the rat stretches its body and rises up the head and/or turns the head on the left and right sides to observe his flank. The neck muscles are contracted and an electromyographic signal is recorded. In addition, the barostat is connected to a potentiometric recorder for the permanent recording of intragastric pressure. The animals are separated into groups.

After a 30 min period of control recording, the animals receive one of the following regimens: 1) placebo, 2) tegaserod, 3) ranitidine, 4) omeprazole, 5) alosetron, 6) prucalopride, 7) A-85380, 8) fedotozine, 9) chlordiazepoxide, 10) CGP-49823, 11) bupropion, 12) fluvoxamine, 13) tegaserod plus alosetron, 14) tegaserod plus prucalopride, 15) tegaserod plus A-85380, 16) tegaserod plus fedotozine, 17) tegaserod plus chlordiazepoxide, 18) tegaserod plus CGP-49823, 19) tegaserod plus bupropion, 20) tegaserod plus fluvoxamine, 21) tegaserod plus ranitidine, or 22) tegaserod plus omeprazole.

The protocol of gastric distension is started 30 min later.

Electromyographic activity of the neck muscles (EANM) is correlated with changes of posture and is proportional to pain induced by gastric distension. Values integrated every 20 s are summed up for consecutive 10 min. For each stage of distension, neck activity is determined with the following formula :

(EANM at a determined pressure ) - (EANM in basal conditions)

$$\frac{\quad}{\text{EANM in basal conditions}} * 100$$

The pain threshold is determined as an increase > 100 % of the electrical activity of the neck muscles.

Gastric volume is determined on the potentiometric recorder as the maximal volume obtained for each stage of distension. Pain threshold and gastric volume are given as mean  $\pm$  SEM and values compared using Student's "t" test for unpaired values.

The pharmaceutical combination of tegaserod and a co-agent significantly decreased the gastric pain associated with gastric distension and increased gastric tone as compared to placebo and any of the compounds administered alone.

### **Colorectal sensitivity and tone**

The influence of tegaserod and a co-agent on rectal or colonic tone and pain is done using barostat distension procedures by applying increasing pressure in a stair-case manner for consecutive periods of 5min.; the volume is measured for each pressure giving an evaluation of the changes in tone.

Wistar rats weighing 220-250 g and housed individually are used. The animals are premedicated with 0.5 mg/kg of acepromazine injected intraperitoneally (IP) and anesthetized by intramuscular administration of 100 mg/kg of ketamine. They are prepared for electromyographic recordings using the technique described in (Ruckebusch and Fioramonti, 1975). Pairs of nichrome wire electrodes (60 cm in length and 80 µm in diameter) are implanted in the striated muscle of the abdomen, 2 cm laterally from the white line. The free ends of electrodes are exteriorized on the back of the neck and protected by a plastic tube attached to the skin.

Electromyographic recordings (time constant : 0.03 sec) started 8 days after surgery. Bipolar recordings of myoelectric activity are performed with an electroencephalographic recorder during one hour starting 30 min before rectal distension.

In order to prevent recording artefacts due to movements during distension, rats are acclimated, 3 days before distension, to stay in tunnel of polypropylene in which distension and EMG recordings are performed. A balloon consisting of a condom (4cm) is introduced into the rectum at 5 cm from the anus and fixed at the base of the tail. The balloon, connected to a barostat, is increasingly inflated with air at pressures of 15, 30, 45 and 60mmHg. each pressure being applied during 5min.

Groups of rats are submitted respectively to the barostatic distension protocol. Ten minutes before they are injected IP with 1) placebo, 2) tegaserod, 3) ranitidine, 4) omeprazole, 5) alosetron, 6) prucalopride, 7) A-85380, 8) fedotozine, 9)

chlordiazepoxide, 10) CGP-49823, 11) bupropion, 12) fluvoxamine, 13) tegaserod plus alosetron, 14) tegaserod plus prucalopride, 15) tegaserod plus A-85380, 16) tegaserod plus fedotozine, 17) tegaserod plus chlordiazepoxide, 18) tegaserod plus CGP-49823, 19) tegaserod plus bupropion, 20) tegaserod plus fluvoxamine, 21) tegaserod plus ranitidine, 22) tegaserod plus omeprazole.

Statistical analysis of the number of abdominal spike bursts occurring during each 5 min period are performed by Student's "t" test for paired values comparisons after two way ANOVA.  $P < 0.05$  is considered statistically significant. Colorectal volumes are given as mean  $\pm$  SEM and values compared using Student's "t" test for unpaired values.

The pharmaceutical combination of tegaserod plus a co-agent significantly decreased the rectal and colonic pain associated with rectal distension and increased colorectal tone as compared to placebo and any of the compounds administered alone.

#### **Example 4**

##### Treatment of GERD with Tegaserod and a co-agent

This example is to determine the effect of variations in intrabolus pressure on esophageal peristalsis. In cats, intrabolus pressure is altered by increasing intragastric pressure to 20-45 mmHg by use of a pressure cuff to compress the abdomen. In each cat, increases in intragastric pressure are associated with comparable increases in pressure of the esophageal bolus while the bolus is in the distal esophagus during esophageal peristalsis. Secondary peristalsis induced by a 5-ml injection of barium into the proximal esophagus is recorded by synchronized video fluoroscopy and esophageal manometry. Graded increases in intrabolus pressure caused an increased prevalence of ineffective, incomplete peristaltic sequences that did not completely clear barium from the esophagus. At intragastric pressures greater than 45 mmHg, 63% of the peristaltic sequences are incomplete. Increases in intrabolus pressure elicited by increased intragastric pressure also

caused 1) slowing of the peristaltic wave in the distal esophagus, 2) increased pressure wave duration in the distal esophagus, 3) increased esophageal diameter, and 4) increased duration of lower esophageal sphincter opening. The incidence of retrograde bolus escape is inversely related to the difference between peristaltic wave amplitude and intrabolus pressure. A pressure difference of greater than 20 mmHg prevented retrograde barium escape at all esophageal levels, whereas a difference of less than 20 mmHg is generally associated with retrograde escape of barium in the distal esophagus.

The cats are randomized in equal groups with each group receiving one of the following regimens: 1) placebo, 2) tegaserod 3) granisetron 4) loxiglumide 5) fedotozine 6) motilin 7) tegaserod plus granisetron, 8) tegaserod plus loxiglumide, 9) tegaserod plus fedotozine, and 6) tegaserod plus motilin.

In the placebo group, an increase in intrabolus pressure causes an increase in esophageal distension while in the drug treated groups the esophageal distension is decreased.

### **Example 5**

#### **The Effect of Tegaserod and a Co-Agent on the Release of Serotonin (5HT) from Guinea-Pig Colon Entero-chromaffin Cells**

Male guinea-pigs, 200-400 g are stunned and bled. Segments of the proximal colon are removed and suspended, as described by Trendelenburg in Arch. Exp. Path. Pharmacol., 81, 55-129 (1917), in a 20 ml organ bath. The tissue is bathed with a modified Krebs solution (NaCl 118.6; CaCl.sub.2 2.7; KCl 4.7; KH.sub.2 PO.sub.4 1.2; MgSO.sub.4 0.1; NaHCO.sub.3 25.0; and glucose 5.6 mM), maintained at 37°C. 5-HT is determined by high-performance liquid chromatography with electro-chemical detection. The luminal outflow of 5-HT is significantly reduced by atropine (0.2 microM) and hexamethonium (100 microM). Physostigmine (1 microM) causes a great increase (atropine-sensitive) in 5-HT outflow from entero-chromaffin cells. To individual organ baths the following agents are added prior to the addition of



physostigmine (1microM): 1) no addition (negative control), 2) atropine (0.2 microM) (positive control), 3) hexamethonium (100 microM) (positive control), 4) tegaserod, 5) cilansetron, 6) prucalopride, 7) A-85380, 8) fedotozine, 9) chlordiazepoxide, 10) CGP-49823, 11) bupropion, 12) fluvoxamine, 13) tegaserod plus cilansetron, 14) tegaserod plus prucalopride, 15) tegaserod plus A-85380, 16) tegaserod plus fedotozine, 17) tegaserod plus chlordiazepoxide, 18) tegaserod plus SDZ-NKT-343, 19) tegaserod plus bupropion, or 20) tegaserod plus fluvoxamine. The combination of agents results in an amplification of the reduction of physostigmine - induced serotonin outflow as compared to any of the agents alone.

Although the present invention has been described in considerable detail with reference to certain preferred versions thereof, other versions are possible without departing from the spirit and scope of the preferred versions contained herein. All references and Patents (U.S. and others) referred to herein are hereby incorporated by reference in their entirety as if set forth herein in full.